

## Montessori West Menu for February 2009

2	3	4	5	6 <i>Birthday Party</i>
Spinach Salad with Fruits Chicken Tacos Milk Fruit	Carrots & Cucumber Spinach Ravioli Milk Fruit	Caesar Salad Cheese Crisp Milk Fruit	Edamame Baked Beans Milk Fruit	Broccoli & Cauliflower Pizza Milk Fruit
9	10	11	12	13
Carrots Delight Spaghetti Milk Fruit	Rainbow Salad Grilled Cheese Sandwich Milk Fruit	Spinach Salad with Fruits Chicken Adobo Rice Milk Fruit	Mixed Veggies Black Beans a la Montessori West Milk, Fruit Fruit	Sweet Peas and Corn Roasted Chicken On Angel Hair Milk. Fruit
16	17	18	19	20
Presidents' Day  <b>(Holiday)</b>	Caesar Salad Penne, Turkey, and Herbs Casserole Milk, Fruit	Green Beans Cheese Crisp Milk Fruit	Edamame Spanish Rice a La Montessori West Milk Fruit	Carrots & Cucumber Lasagna Milk Fruit
23	24	25	26	27
Broccoli & Cauliflower Risotto with Spinach Milk Fruit	Sweet Peas and Corn Spaghetti Milk Fruit	Carrots Delight Chicken Tacos Milk Fruit	Rainbow Salad Grilled Cheese Sandwich Milk Fruit	Mixed Veggies Pizza Milk Fruit

Note: Fruits served when available: bananas, pears, apples, grapes, strawberries, cantaloupes, watermelon, honeydew melon, pineapple, kiwi, berries, nectarines, and oranges.

